

# FREE SPRING TIME ACTIVITIES

**As chosen by you in  
the residents' survey!**

## Women only exercise classes

All abilities welcome. Tuesday 4th & 11th March  
1:30 - 2:30pm at Brierfield Methodist church hall,  
Colne Road, Brierfield, Nelson BB9 5NS.

## Cooking sessions in April

More details about learning how to cook  
healthy meals on a budget coming soon.

**For more information contact Louise Ramsay on  
01254 588758 or [Louise.Ramsay@greatplaces.org.uk](mailto:Louise.Ramsay@greatplaces.org.uk)**

এই তথ্যগুলো যদি আপনি অন্য কোন ভাষায়, ছাপার মোটা হরফে, ব্রেইলে (অক্ষরলিপি) কিংবা অডিও টেইপে শেতে চান তবে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Bangla

اگر آپ کو یہ معلومات کسی اور زبان، بڑی چھپائی، بریکل یا ٹیپ پر درکار ہوں تو برائے کرم ہمارے ساتھ رابطہ کریں۔

Urdu

જો તમને આ માહિતી અન્ય ભાષામાં, મોટા અક્ષરોમાં, બ્રેઇલ અથવા સાંભળવાની ટેપ ઉપર મેળવવી હોય તો મહેરબાની કરીને અમારો સંપર્ક સાધો.

Gujarati

  
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