






	September - December 2015	January - March 2016
Monday	 <p><b>Talk English</b> 10:00am - 12:00pm</p> <p><b>Learning Advice and Guidance Drop In</b> 1:00pm - 3:00pm No Appointment Necessary</p>	<p><b>Talk English</b> 10:00am - 12:00pm</p> <p><b>Learning Advice and Guidance Drop In</b> 1:00pm - 3:00pm No Appointment Necessary</p> 
Tuesday	<p><b>Cygnets Course</b> 9:30am - 12:00pm <i>**Please contact The Mount on 01254 283195 to book a place**</i></p> <p><b>Practical English</b> 10:00am - 12:00pm (starts 15th September)</p> <p><b>Volunteers Course</b> 1:15pm - 3:15pm (4 week course) (Starts 3 November 2015)</p>	<p><b>Practical English</b> 10:00am - 12:00pm</p> <p><b>Riding Rapids</b> (Starts 12th January 2016) 11 Week Course 9:00am—12:30pm <i>**Please contact The Mount on 01254 283195 to book a place**</i></p>
Wednesday	 <p><b>Functional Skills - English</b> (Starts 23rd September) 9:30am—12:00pm</p> <p><b>Family Links Parenting</b> (Starts 23rd September) 1:00pm - 3:00pm</p>	<p><b>Functional Skills - English</b> 9:30am—12:00pm</p>
Thursday	<p><b>Cookery Course</b> 9:30am—11:30am (10 week course) (Starts 1st October 2015)</p> <p><b>Hairdressing</b> 1:00pm - 3:00pm (Starts 1st October 2015)</p>	<p><b>Hairdressing / Media</b> <b>Marsden School, Nelson</b> 1:00pm - 3:00pm</p> 
Friday	 <p><b>Functional Skills - Maths</b> (Starts 11th September) 9:30—11:30pm</p>	<p><b>Functional Skills - Maths</b> 9:30—11:30pm</p>

**Interested? Contact the centre to register—Tel: 01282 470534**

**Legal statement - Disclaimer:**  
Every effort is made to ensure the accuracy and currency of the information contained in this publication for the Family Tree Adult Learning Guide. Contents are subject to change from time to time and The Family Tree Centre can accept no liability for the accuracy of all the information presented at any given time. The Family Tree Centre reserves the right to make changes, withdraw services or change days and times of services without notice.  
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### **Learning Advice and Guidance Drop In**

Meet with a member of staff and create your own individual learning pathway. Get advice on training, volunteering and employment.

### **Functional Skills—English (Delivered by Lancashire Adult Learning)**

This course is designed to help learners build their practical skills to get the most out of work, education and everyday life. Initial assessment completed to confirm level of learning.

### **Functional Skills—Maths (Delivered by Nelson and Colne College)**

This course is designed to help learners build their practical skills to get the most out of work, education and everyday life. Initial assessment completed to confirm level of learning.

### **Cookery Course (Delivered by Inspiring Grace)**

Do you want to learn more about healthy eating? Lets talk about food! Come along to this brand new, hands on, fun, group session.

### **Practical English for Beginners (Delivered by Family Tree Centre)**

Basic spoken English to develop your skill with everyday tasks e.g. shopping, Doctors and speaking with your child's teacher.

### **Beauty Course (Delivered by Nelson and Colne College)**

A 10 week course - Introduction to beauty. Confidence building, meet new people and progress onto accredited courses. The cost is £2 per session.

### **Hairdressing (Delivered by Nelson and Colne College)**

Introduction to hairdressing and hair condition. Practical skills in setting, blow drying, finger drying, plaiting, rolls, twists, straightening and curling.

Successful completion can lead to progression onto a Fulltime or Part time Hairdressing VRQ or NVQ program. 10 Week Course, £2 per week.

### **Volunteer course—Delivered by CVS and Partnership Agencies (starts 3rd November 2015)**

Induction programme for learners that want to volunteer, subject to DBS checks.

### **Talk English (Delivered by Family Tree Centre)**

Mixed course for beginner men and women. Learn English and improve your speaking, listening, reading and writing skills. Pre entry—Level one. Taught by volunteers.

### **Family Links Parenting (Delivered by Family Tree Centre)**

Family Links is a national charity that believes every child and parent deserves the best chance in life. This 11 weeks programme, will enable parents to become more effective, caring and confident in raising emotionally resilient and socially competent children. The Nurturing Programme aims to promote family wellbeing and a healthy society by targeting the root causes of social problems. The Nurturing Programme helps deal with those challenges so you have a calmer, happier family life.

### **Cygnets Course (Delivered by Action for ASD)**

This is a 6 week programme for parents who have a child with autism (as well as LD). It helps parents to understand what autism is and how it can affect a child.

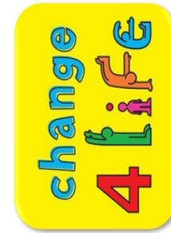
\*\*Please contact The Mount on 01254 283195 to book a place\*\*

### **Riding Rapids (children must have moderate/serve learning disability)**

This is a 10 week programme for parents as it is all about behaviour for primary aged children. To help parents understand why a child behaves as they do, to reduce levels of behaviour at home, to promote positive attachments and to give parents strategies for encouraging positive behaviour.

\*\*Please contact The Mount on 01254 283195 to book a place\*\*

If you are interested in any of the above courses or interested in any other courses not listed then please contact reception to put your name down. You will be contacted to confirm your place and start date of the course.



# The Family Tree Centre Adult Learning Guide

September 2015 - March 2016

For further information on Adult Learning please contact us on 01282 470534.

